

Dr. Ambedkar College, Deekshabhoomi, Nagpur

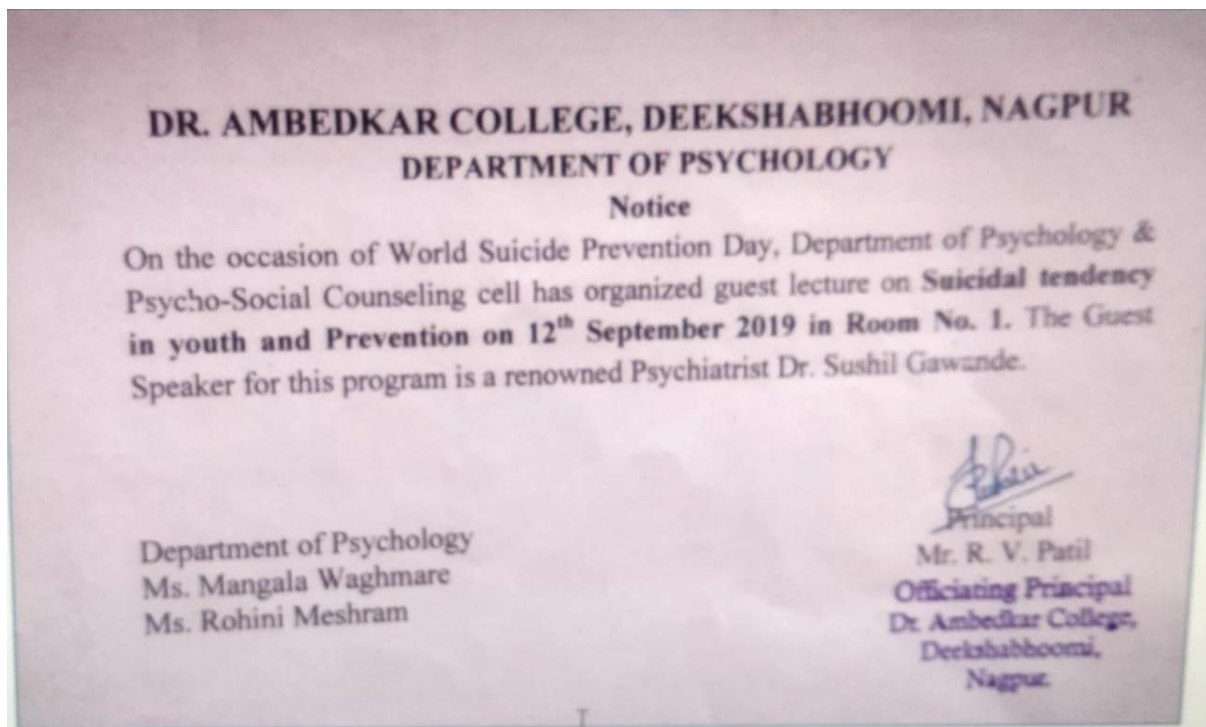
Report of World Suicide Prevention Day Programme

Name of Programme- 'World Suicide Prevention day'

Date of Programme – 12 Sept 2019

Programme Organised by – Dept of Sociology, Psychology and Psycho-Social Counseling Cell

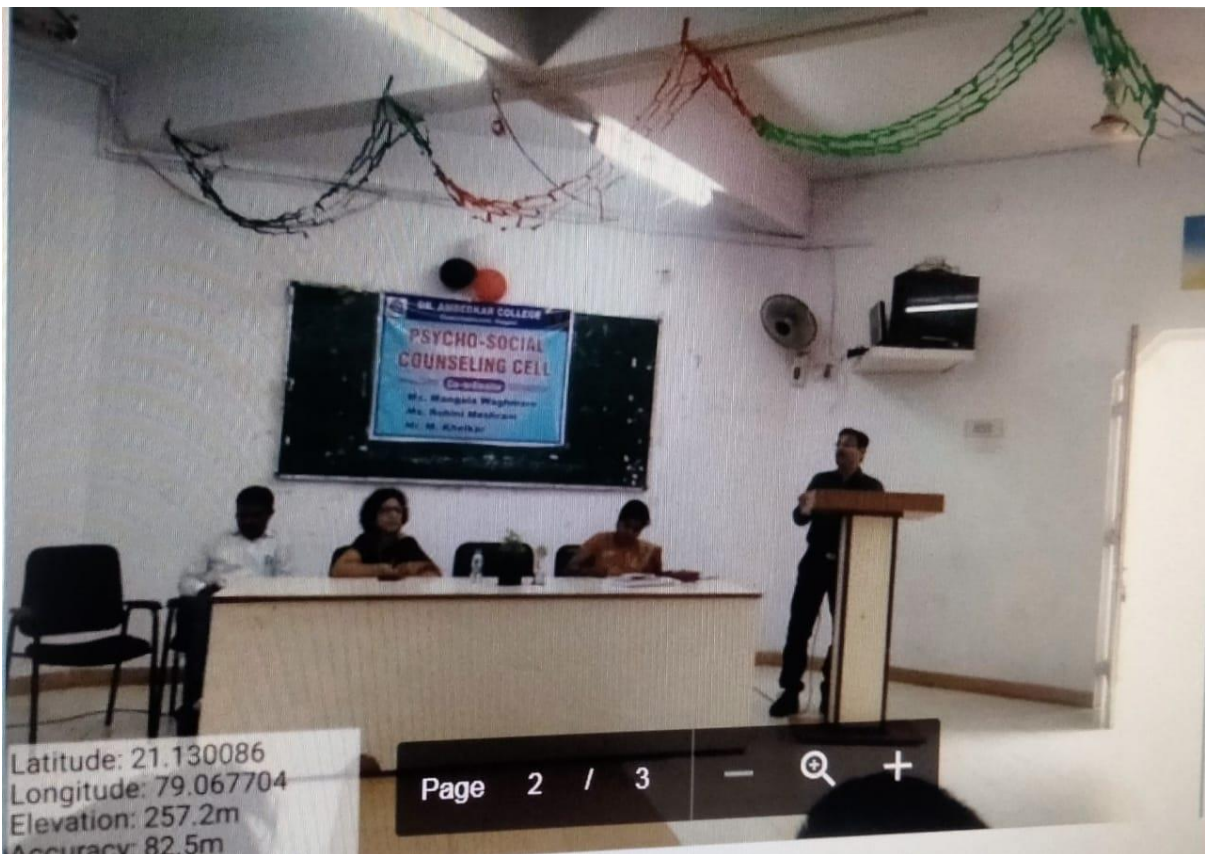
Resource Person - Dr. Sushil Gawande, Consultant and Psychiatrist, Vokhartdt hospital, Nagpur



There is a 'World Suicide Prevention day' on 10th Sept every year. According to this day, a Psycho-social Counselling Cell of the college organised a group counselling programme for the college students on 12th Sept 2019 in mini-auditorium of the college. Dr. Sushil Gawande, consultant psychiatrist, Vokhartdt hospital, Nagpur was a guest counsellor for the programme. Dr. Gawande explained various types of suicides. He also explained many causes of suicide like depression, bipolar, disorder, schizophrenia, personality disorder,

anxiety disorders, alcoholism, substance abuse, too much expectations from child, economic crisis etc. He said that Suicide can be reduced or prevented by applying particular measures like psychotherapy, medication, addiction treatment, family support and education, awareness of considering the changes in the lifestyle of people who can commit suicide. After his guidance, Dr. Gawande made conversation with the students on suicide.

At this moment, a 'Poster competition' for the students was organised on the topic, 'Prevention of Suicide'. Dr. Gawande and Prof. M.V. Khelkar observed the posters and Dr. Gawande selected some notable posters for prizes and he also declared the names of prize winner students.





Report Concluded